

Info sheet: „Empowering Families International“ A new group program from Mosaik Leipzig e.V. for 2025



For whom?

For parents and guardians with migration experience who are confronted with family or educational challenges and would like to exchange and strengthen themselves in a supportive environment.

What is it?

A culturally sensitive, pedagogical group program. The groups are arranged according to language skills and offer a space for exchange and support on important topics, such as:

- ➔ Dealing with migration-specific stressors (e.g. experiences of discrimination in everyday life), changing parental roles, dealing with stressful experiences, children's basic needs, questions about the education system

The topics are flexibly tailored to the needs of the participants. The program is run by a social education worker and a psychologist and is accompanied by native speaking, reduced German or an interpreter. **Participation is independent of residence status and all services are free of charge.** The service is available for inhabitants of Leipzig and the districts of Leipzig-County, Leipzig-North and Central Saxony and Zwickau. The offer takes place in Leipzig.

When?

- The current project period is January - December 2025, with the first group starting in April 2025. Further groups will begin over the course of the year.
- Around eight sessions are planned for each group.
- The number of participants is limited.

We will try to provide childcare during the offer, please let us know if you have any requirements.

How can you register?

- There is a registration form on our website (www.mosaik-leipzig.de/weitere-projekte/).
- If registrations are still possible in the desired (language) group, the registration form can be filled out and submitted by e-mail (familien-international@mosaik-leipzig.de) or by post/personally (Mosaik Leipzig e.V., Peterssteinweg 3, 04107 Leipzig).



Diese Maßnahme wird mitfinanziert mit Steuermitteln auf Grundlage des vom Sächsischen Landtag beschlossenen Haushaltes.



Gefördert durch

STAATSMINISTERIUM FÜR SOZIALES
UND GESELLSCHAFTLICHEN
ZUSAMMENHALT



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